

ABOUT THE COUNTRY

A Community Health meeting was held at the High School one night last week, under a call by the Public Health Committee of the Womens' Club. The special matter before the house was what could be done to prevent the alarming spread of tuberculosis. It developed that, while much could be done in the way of segregation of advanced cases and the discovery of cases in primal stages through the examination of children, the prevention of tuberculosis is in a great measure a matter of education. Naturally, this work of education has largely to do with the children in our schools. They must be taught proper health habits; the dangers to which they are exposed, and the necessity of proper food, air and sunshine.

This educational work has been begun. The Womens' Club has secured through the State Health Department the services of Dr. Glover, a woman physician, who will be here a few months. She will visit as many schools as she can, and examine children, make health talks, and assist and encourage the teachers and parents in the all important work of making and keeping the children well and strong.

The expense of bringing and keeping Dr. Glover here is borne in part by the State and in part by the Club. The Club has a limited amount of money from a fund raised by the sale of anti-tuberculosis seals sold at the Christmas season.

As it will not be possible for Dr. Glover to visit all the schools of the county, it is suggested by this writer to the teachers of the schools which cannot secure her services, to add a few more straws to the crushing load already carried by the local physicians by asking them to visit the schools and check up the children. The country doctor is one of the most self-sacrificing creatures in the world. This statement needs no proof other than lives and deaths of those who continue in country practice. This school work is a task that the physicians enthusiastically approve and endorse, but it naturally is out of their line to propose and volunteer the work.

In this work of health conservation of the children, a balanced ration is a thing of first importance. There are a lot of un-nourished children about. They are not all found in the homes of the poor by any manner of means. Some of the leanest children that I know fetch up three times a day to tables spread by mothers who have a reputation as providers and cooks. These children have had eating habits. They must be taught why and what to eat.

The plan of serving hot lunches in the schools is spreading rapidly. The progressive teachers of the county are glad to go the extra trouble and see that healthful hot drinks and other appetizing things are served at actual cost to those able to pay and given to the children of the poor.

At the meeting Friday night a committee composed of members of various organizations of the town was appointed to take the necessary steps required to put in practice the serving of hot lunches in the Marlinton schools. On this committee are representatives from the Red Cross, the Womens' Club, the W. C. T. U., the Methodist Aid and Missionary Societies, and the Presbyterian Auxiliary. Also the county superintendent.

The oldest practicing physician of the county was present, and surprised us all by making a speech. We were not surprised that his remarks, while of a general nature, were to the point, and absorbingly interesting. He made the statement that in nearly forty years of practice as a doctor in this county he had never known a case of tuberculosis in the limestone belt or where the family used limestone water. He could not say whether this proved anything or not, or whether it was general rule, but he had cared for hundreds of tuberculosis patients, and none of them came from the limestone region. He has treated cases from above and below it and to the side of it.

The Doctor told us something about the ancient scourge of the human race. That some races were more susceptible to it than others; that the Indian and the Negro were easy victims to tuberculosis while the Jew enjoyed a remarkable immunity. He said that practically everybody had had tuberculosis at sometime in their lives; that auto psies showed in nearly every case scars of the disease. Seeds of infection are usually implanted in childhood, though the development of the disease may not take

place until later in life. Up to this time no toxin has been developed to combat the tuberculous germ. This germ is now considered a low form of animal life. It is enclosed in a waxlike substance, and this covering, it is now believed, protects the germ from the kind of treatment which makes people immune from germ diseases like typhoid and diphtheria.

The Doctor spoke against scaring children up about diseases. They are like older people. There is danger of them brooding over the matter and becoming morbid and imagining they have all the diseases they ever heard about. This makes them easy victims to the germs which are every where present. Just read a patent medicine book, and it is the exceptional person who does not immediately experience the symptoms therein described with so great gusto.

The Doctor recounted an early experience. The village school house was near the office of the village doctor. The boys saw an operation for an ingrown toe nail. It made such an impression on the mind of one of the boys that he got to fooling with one of his toe nails, caused it to grow crooked and in a few weeks he had a really bad ingrown nail.

It may be that I am a little too strong for this big meeting business, but it does seem to me that we are allowing large educational resources to lie dormant. Here we have ministers, doctors, lawyers, business men and school teachers—men and women with education, training, specialties who hold their own with fellows of their professions wherever found. This community should avail itself of this talent by an occasional town meeting—a public forum—in which certain persons are asked to make special preparation in way of addresses and speeches on subjects of general and special interest. Musical numbers should be included and community singing developed.

We now hear and read so much of children who are physically under-nourished. In this community, poverty has little to do with the problem. Our youngsters have had eating habits. They stay themselves with candy and ice cream, sugared drinks and such knickknacks and goodies, and refuse to eat the good wholesome food set them three times daily.

However attention in this connection should be called to another kind of under-nourishment.

While this is a day of universal reading, there are a world of people who are mentally undernourished. So few of us have good reading habits. Of the making of books there is no end, but we surflet our minds with the light and frothy, and pass up the strong meat of the word which would promote mind growth and development. So great has become the consumption of light reading that a great industry has grown up to supply the demand. It is a day of Hetero-commercialism. The trade calls for the soft and sugary in ever increasing volume; and mental under-nourishment and dyspepsia is common.

ANOTHER PLAY COMING

By direct exchange with our High School the Junior High School of Cass is presenting their play, "Deacon Dubs," on Friday night March 28, in the High School Auditorium, Marlinton.

This sprightly comedy is being presented by the faculty of the Cass school. It will be a splendid production for these people know how to do things, come out for an evening of fun. Admission 35 and 50 cents.

Ross Cavendish died last week at his home in Fayette county. He was a peculiar literary genius and he wrote a great deal for the papers of his county. His writings were widely copied in the papers of the State. He was always a little strange in his behaviour and one time his family turned him up for examination as to his sanity. The court committed him to the Spencer Hospital, and detailed an officer to take him there. On the train the officer went to sleep and Cavendish took the commitment papers from his pocket. At the hospital Cavendish turned the officer to the attendants, and went back home. He was never again bothered about his sanity.

Ira Fortune was struck in the eye with a piece of steel Tuesday while working at the Tannery. He has a bad eye but there is hope that the sight is not injured.

Jared Hiner, who dislocated his shoulder, a few weeks ago, has about recovered.—Highland Recorder.

FAIR MEETING

The meeting of the Directors of the Pocahontas County Fair was well attended last Thursday, and a great deal of business was transacted.

The heads of the various departments submitted their premium lists, and these were approved and adopted. The premiums for the coming Fair are as strong as last year and in some instances were increased.

The admission to the grandstands was fixed at 25c and 15c for children between the ages of six and twelve years.

Since the last meeting of the directors, one director, B. Frank White, has been removed by death. A committee was appointed to prepare suitable resolutions of respect to his memory. In his place and stead, his son, E. Ernest White was elected a member of the board of directors.

In the matter of the proposed County Four H. Club House on the Fair grounds, the directors authorized a lease to be made to the 4-H. Club for a site for this house. This proposed club house is the very thing the boys and the girls of the agricultural clubs have needed ever since club work was started in the county. Pressure was brought to bear to build a County Cottage at the State Camp grounds at Jackson Mills, but calmer judgment prevailed, and the children are enthusiastically behind the movement to equip their own county camp first.

The directors feel they have been able to secure midway attractions without objectionable features. They have contracted with the Higgins Band, of New York City, with 18 pieces, fine soloists, lady soprano, and saxophone trio, plenty of jazz and standard music—to suit all tastes. This band is for the grandstand. On the midway will be Bernardi's Greater Shows with fourteen separate attractions featuring the largest trained wild animal show on the road and six riding devices.

There will fire works every night. The Four Flying Moores in the aerial acrobatics acts, and Lanole's Laughing Clowns entertainers will furnish the free attractions in front of the grandstand.

In every way and in every particular the promises are bright for a better and bigger fair this year. The directors are at work, and in every corner of the county are stockholders, who are boosting the fair. Many farmers, stockmen and others are already preparing exhibits. The dates of the 1924 Fair are August 18, 19, 20, 21 and 22.

TRAFFIC NOTICE

On and after Thursday, April 3, 1924 the ordinance against parking cars on Main Street from the Bridge to the Railroad will be in effect. Don't leave your car on Main Street longer than 15 minutes. There is plenty of room for parking on 2nd and Third Avenues, either above or below Main Street.

The rate of speed through town from Brill's Store to Killingsworth's Mill is 15 miles per hour. Persons going faster is liable to be arrested and fined.

John Waugh
Chief Police

Born, to Rev. and Mrs. Fred B. Wyand, of Monterey, Va., March 15, 1924, at 4:15 p. m., a daughter, weighing 8 3/4 pounds, named Mary Etta Snyder Wyand.

Born, to Mr. and Mrs. Resse Moore near Marlinton, February 8, 1924, twin daughters, named Mary Fay Moore, and Maggie Gay Moore.

Born, to Mr. and Mrs. Jacob D. Simmons near Marlinton, March 19, a daughter, named, Mary Price Simmons.

Born, to Mr. and Mrs. Page Friel, near Marlinton, March 29, a daughter.

Bulletin No. 20

It is with regret that I have to announce that there will be no summer school normal held in this county this summer. After much correspondence and personal interviews, I find that it will be impossible for this county to meet all the requirements in regard to credits in college courses and upon teaching certificates.

I will be at Green Bank next Saturday and absent from my office.

Anna M. Wallace
County Superintendent

To the Voters of Pocahontas County: I hereby announce myself a candidate for the office of Assessor of Pocahontas County, subject to the action of the Republican voters in the Primary Election to be held on the 27th day of May, 1924. If nominated and elected I will labor for lower taxes by giving the citizens of our county a lower and more equal assessment. I emphatically favor tax reduction, which can be brought about by a more conservative expenditure of public money.

If elected I will offer for my deputies the following gentlemen—for Of fice Deputy, Harper Smith, of Hillsboro; for Greenbank District, George Wanness, of Cass. Deputy for Edray District will be announced later.

Your influence and support will be appreciated.

Respectfully yours,
A. A. SHARP

I hereby announce myself a candidate for the House of Delegates, subject to the Primary Election on May 27, 1924. I believe in economy in the expenditure of public funds, and if nominated and elected, I pledge myself to vote and work for legislation that will lighten the burden of taxation under which we are now laboring. Your support is respectfully solicited.

C. P. KERR, J. P.

CHURCH NOTES

EPISCOPAL CHURCH
G. J. Cleveland, Rector
Morning Prayer, Prayer and Sermon
Sunday March 30, 11 a. m.

WESLEY CHAPEL M. E. SOUTH
Hillsboro, West Virginia
W. Clark Early, Pastor.

9:45 a. m. Sunday School
F. P. Kidd, Superintendent
7:30 p. m. Epworth League
11:00 a. m. Sermon by the pastor.
"A Blessed Nostalgia."

3:30 p. m. Preaching at Sharon
For the past six weeks there has been in progress a Sunday School revival in the Hillsboro Methodist Church. Earnest prayer, thoughtful teaching, lay-messages, and personal work culminated on last Sunday in Confession Day when sixteen persons made a profession of faith in Christ as Savior and Lord. On next Sunday these persons with others will be received into the membership of the church.

MARLINTON PRESBYTERIAN CHURCH
Harvey H. Orr, Pastor.

Sunday School 9:45
3:30 p. m. Junior Christian Endeavor
7:00 p. m. Senior Christian Endeavor
11:00 a. m. Ordination and Installation of Elders and Deacons.
7:45 p. m. Union Service—Near East Relief, L. B. Harnish, speaker.

MARLINTON METHODIST CHURCH
J. Herndon Billingsley, Pastor.

Sunday School 9:45 a. m.
A. S. Overholt, Supt.
Epworth League 6:45 p. m.
Preaching at 11 a. m. and 7:30 p. m.
Morning: Subject: "Waiting on God"
Evening: Union Service, Presbyterian Church: "Near East Relief."

Prayer and praise meeting every Wednesday evening at 7:30. Cordial welcome to all.

This is the last Sunday of the Conference Year, and the Sunday School hopes to make it the best. Every member is expected to be present and bring others that they may become members.

UNION MEETING

The usual fifth Sunday night union meeting will be held at the Presbyterian church next Sunday night. The speaker will be Leroy B. Harnish, of the Near East Relief. In church affiliation, he is a member of the United Brethren Church. Since his graduation from Lebanon Valley College, Mr. Harnish has engaged in newspaper work; in temperance campaigns all over the United States; in government service as vocational advisor for the Veterans' Bureau at Pittsburgh; in school work as school visitor in a Pennsylvania State Normal. In that capacity he visited all the high schools of Western Pennsylvania, and addressed 32,000 high school students. A free will offering will be made for the Near East Relief at the services Sunday night.

CLASS LUNCHEON

The Mens' Bible Class of the Marlinton Presbyterian Church had a social in the church basement last Thursday night. There were about forty men present, and a most pleasant evening was spent. A lunch was served by a committee of ladies from the Auxiliary.

The special guests of the evening were G. C. Hamilton, of Nottingham, and E. L. Kramer, of Roncoverte. These gentlemen made splendid addresses.

Mr. Hamilton is widely known over Pocahontas County as a working, enthusiastic christian and expert in Sunday School work. Twice he has held the office of president of the County Sunday School Association. For years Mr. Kramer has been a member of the Home Mission Committee of Greenbrier Presbytery.

Easter Millinery

Miss Ella Pritchard is spending this week in the Eastern Cities selecting the newest and best millinery for late spring and summer which will be on display April 4th, at Dunmore.

Ready Made Clothing

For Men Young Men and Boys

\$15.00 and Up.

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Every girl wants

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Indeed, she wants the best husband in the world—a husband she can be proud of before her family, before her friends, before everybody. Stand before a minor and see if you look like the man Mary's wishing for

No? Then go down town, get those new clothes you have intended to buy, put them on, look in the mirror once more—and then go forth and captivate her.

Every woman knows that the road to a man's heart is through his stomach. Every man ought to know that the road to a woman's heart is through her eyes.

It pays to dress well

Every minute every day

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Mere mental approval of the church and its work has never made effective church organizations nor developed stalwart Christian characters.

The Men's Bible Glass of the Marlinton Presbyterian Church cordially and prayerfully invite you
Come and join us in this important work.

ONLY ONE HOUR